Catalog Course Description:

Development of intermediate skills and strategy related to the game of tennis with particular emphasis on control and auxiliary strokes. May not be taken with PHED 2440 to satisfy PE activity requirements.

Entry Level Standards:

Competitive tennis experience

Prerequisite:

PHED 2440 or consent of instructor

Textbook(s) and Other Reference Materials Basic to the Course:

Personal Equipment:
Appropriate tennis wear, tennis racket, and three unopened cans of name brand tennis balls (3 balls per can).

I. Week/Unit/Topic Basis:

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| 1    | Introduction/ Syllabus review/ warm-up exercises
|      | Review of Fundamental Tennis Skills/ Footwork, Racket Grip Principles of Stroking/ Forehand /Backhand |
| 2    | Review/ Practice Forehand and Backhand Strokes. |
| 3    | Conditioning for Tennis /Practice Drills/ Skills Practice and Drills |
| 4    | Serve/ Volley/ Overhead/ Smash/ Lob |
| 5    | Half-Volley, Drop Shot |
| 6    | Skills Practice and Drills/ Midterm |
| 7    | Singles Strategy/ Doubles Strategy/ Practice Drills |
| 8    | Video Tape of Students/ Practice |
II. Course Objectives*:

A. Play and practice intermediate tennis employing correct technique. II.2
B. Employ tennis etiquette and safety. I.5
C. Demonstrate knowledge of Intermediate tennis terminology. I.5
D. Play intermediate tennis employing rules and keeping score. II.2
E. Evaluate and correct errors in intermediate tennis form and execution. III.2
F. Demonstrate knowledge of tournament tennis. III.2
G. Demonstrate knowledge of intermediate tennis strategies. II.2, III.2
H. Demonstrate knowledge of intermediate tennis form and technique. II.2

*Roman numerals after course objectives reference goals of the university parallel program.

III. Instructional Processes*:

Students will:

1. Listen to and participate in lectures and discussions regarding factual information relevant to intermediate tennis. Communication Outcome, Information Literacy Outcome, Active Learning Strategy
2. Read then demonstrate knowledge of intermediate tennis technique, rules and other relevant factual information. Communication Outcome, Information Literacy Outcome
3. Analyze, evaluate, and modify technique to improve performance. Personal Development Outcome, Problem Solving and Decision Making Outcome, Transitional Strategy
4. Develop intermediate tennis strategies. Problem Solving and Decision Making Outcome
5. Appreciate the intrinsic value of intermediate tennis as a life-long recreational activity. Transitional Strategy, Personal Development Outcome

*Strategies and outcomes listed after instructional processes reference Pellissippi State’s goals for
strengthening general education knowledge and skills, connecting coursework to experiences beyond the classroom, and encouraging students to take active and responsible roles in the educational process.

IV. Expectations for Student Performance*:

Upon successful completion of this course, the student should be able to:

1. Receive opportunities for increased appreciation and understanding of tennis. A, B, C, D, G
2. Refine existing basic skills and develop new skills on an intermediate skill level of tennis play. A
3. Gain an increased understanding of singles and doubles play and their strategies. G
4. Acquire an adequate knowledge of the rules, terminology and etiquette of the game in order to manage a competitive game situation and tournament protocol. B, C, D
5. Develop the ability to demonstrate and analyze tennis skills, as well as detect and correct errors in performance. E, H
6. Apply rules, terminology, and etiquette of tennis in game situation. A, D
7. Apply strategy to singles and doubles play. A, D, G
8. Demonstrate proper grips and footwork. A, E
9. Discuss the effects and advantages of topspin, back spin, and flute strokes. A, E
10. Discuss and execute strokes using linear momentum and rotary momentum. A, E
11. Execute the various spins on the ball during play. A, E, G
12. Demonstrate the continental grip for topspin serves. A, E
13. Describe the differences and perform effectively both the first and second serve. A, E
14. Perform a topspin serve and a slice serve. A, E
15. Demonstrate where to stand to receive a serve. A, E
16. Discuss and demonstrate serve receive technique. A, E
17. Discuss and demonstrate how and when to go to the net during play. A, E, G
18. Perform forehand and backhand ground strokes down the line and cross-court varying speed and spin. A, E
19. Perform and effective overhead shot. A, E
20. Perform and describe the differences in and offensive lob and a defensive lob. A, E
21. Discuss when to use each type of lob. E
22. Perform and discuss the drop shot and drop volley. A, E
23. Discuss singles strategy. G
24. Play singles utilizing effective and diverse strategies. A, G
25. Discuss doubles strategy. G
26. Play doubles utilizing effective and diverse strategies. A, G
27. Discuss how to handle stress before a match. F
28. Discuss different equipment and the advantages of different equipment. A
29. Discuss the benefits of aerobic conditioning. A

*Letters after performance expectations reference the course objectives listed above.

V. Evaluation:

A. Testing Procedures: 70% of grade
   - Written Examinations: 40 Points
   - Skills Test: 30 Points

B. Laboratory Expectations:
   - N/A

C. Field Work: 30% of grade
   - Attendance and participation: 30 Points
     After three absences, 4 points will be subtracted from the student's attendance grade. Students with eight or more absences will not pass this course. Students who fail to participate in assigned activities will be counted as absent.

D. Other Evaluation Methods:
   - Extra Credit: - 5 points
     View a televised tennis match, then submit a two page typed report discussing players skills and strategies.

E. Grading Scale:
   - A  93 -100 points
   - B+  92 - 88 points
   - B   87 - 83 points
   - C+  82 - 78 points
   - C   77 - 73 points
   - D+  72 - 68 points
   - D   67- 62 points
   - F   61 below points

VI. Policies:

A. Attendance Policy:
   Pellassippi State Technical Community College expects students to attend all scheduled instructional activities. As a minimum, students in all courses must be present for at least 75
percent of their scheduled class and laboratory meeting in order to receive credit for the course. Individual department/programs/disciplines, with the approval to the vice president to Academic and Student Affairs, may have requirements that are more stringent.

B. Other Policies:

Make-up policy:
1. After one week, students will not be allowed to make-up written examinations.
2. With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

Injury Policy:
Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.