PELLISSIPPI STATE TECHNICAL COMMUNITY COLLEGE
MASTER SYLLABUS

ARCHERY
PHED 2010

Class Hours: 0.0       Credit Hours: 1.0
Laboratory Hours: 2.0   Date Revised: Fall 02

Catalog Course Description:

The introduction of skills, general rules, safety and techniques related to the sport of archery, with particular emphasis on acquisition of skills.

Entry Level Standards:

The student should be able to effectively communicate with instructor and peers, complete assignments according to instructor specifications, and read and write at the required level.

Prerequisites:

None

Textbook(s) and Other Course Materials:

Textbook:

Personal Equipment:
Archery equipment will be furnished and/or students can feel free to bring personal equipment.

I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>Introduction/ Demonstrate and discuss styles of shooting/ Fitting Basic equipment</td>
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<tr>
<td>2</td>
<td>Safety rules and procedures/ warm up and flexibility/ Eye dominance test/ Mimetic exercises</td>
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<tr>
<td>3</td>
<td>Nine steps to shooting, SHOOT THE FIRST ARROW!</td>
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<tr>
<td>4</td>
<td>Stance/ Nocking/ Set/ Body alignment/ Shoot from 5 yards</td>
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<tr>
<td>5</td>
<td>Anchor/ Aim/ Release/ Follow through/ Shoot from 5 yards</td>
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<tr>
<td>6</td>
<td>Sights/ Whistle commands/ Shoot from 10 yards</td>
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<tr>
<td>7</td>
<td>Practice from 10 yards</td>
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<tr>
<td>8</td>
<td>Practice from 10 yards/ Review/ Midterm</td>
</tr>
<tr>
<td>9</td>
<td>History/Review terminology/ Practice from 15 yards</td>
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</tbody>
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II. Course Objectives*:

A. Shoot Archery employing correct technique. II. 2
B. Demonstrate knowledge of archery etiquette and safety. I. 5
C. Demonstrate knowledge of archery terminology. I. 5
D. Shoot archery employing rules and keeping score. II. 2
E. Demonstrate knowledge of archery history. II. 2
F. Evaluate and correct errors in archery form and execution. III. 2
G. Demonstrate knowledge of archery equipment and facilities. I.5
H. Demonstrate knowledge of archery strategies. II. 2, III. 2
I. Demonstrate knowledge of archery form and technique. II. 2

*Roman numerals after course objectives reference goals of the university parallel program.

III. Instructional Processes*:

Students will:

1. Listen to and participate in lectures and discussions regarding factual information relevant to archery. Communication Outcome, Information Literacy Outcome, Active Learning Strategy
2. Read then demonstrate knowledge of archery technique, rules and other relevant factual information. Communication Outcome, Information Literacy Outcome
3. Analyze, evaluate, and modify technique to improve performance. Personal Development Outcome, Problem Solving and Decision Making Outcome, Transitional Strategy
4. Develop shooting strategies to enhance accuracy. Problem Solving and Decision Making Outcome
5. Appreciate the intrinsic value of archery as a life-long recreational activity. Transitional Strategy, Personal Development Outcome

*Strategies and outcomes listed after instructional processes reference Pellissippi State’s goals for
strengthening general education knowledge and skills, connecting coursework to experiences beyond the classroom, and encouraging students to take active and responsible roles in the educational process.

IV. Expectations for Student Performance*:

Upon successful completion of this course, the student should be able to:

1. Discuss different styles of shooting. H, J
2. Fit and properly attach archery equipment. B, G
3. Demonstrate a clear understanding of safety rules and procedures. A, B, D, F, G, I
4. Understand eye dominance. A, F, I
5. Demonstrate and describe the nine steps to shooting. C, H, I, J
7. Shoot accurately from 15 feet. A, B, D, F, G, H, I, J
9. Demonstrate knowledge of archery rules and scoring. D
11. Shoot with both eyes closed. A, I
12. Define and describe archery terminology. C
13. Demonstrate knowledge of the history of archery. E
15. Properly nock an arrow. A, F, G, J
16. Set using proper technique. A, F, I, J
17. Use proper body alignment. A, F, G, I
19. Use correct aiming technique. A, F, G, I
20. Follow through using proper technique. A, F, G, I
21. Demonstrate knowledge of proper warm-up techniques and flexibility exercises used in archery. B
22. Demonstrate knowledge of proper care, selection, and use of archery equipment. G

*Letters after performance expectations reference the course objectives listed above.

V. Evaluation:

A. Testing Procedures: 80 points
Written Examinations: In-class written examinations on rules, history, terminology, and strategies: 40 points
Skill Test: 40 points

B. Laboratory Expectations:

N/A

C. Field Work: Attendance and participation: 20 points

After three absences, 4 points will be subtracted from the student's attendance grade. Students with eight or more absences will not pass this course. Students who fail to participate in assigned activities will be counted as absent.

D. Other Evaluation Methods: Extra Credit: 5 points

Pre-approved written assignments

E. Grading Scale:

A  93 -100 points
B+  92 - 88 points
B   87 - 83 points
C+  82 - 78 points
C   77 - 73 points
D+  72 - 68 points
D   67- 62 points
F   61 below points

VI. Policies:

A. Attendance Policy:

Pellissippi State Technical Community College expects students to attend all scheduled instructional activities. As a minimum, students in all courses must be present for at least 75 percent of their scheduled class and laboratory meeting in order to receive credit for the course. Individual department/programs/disciplines, with the approval to the vice president to Academic and Student Affairs, may have requirements that are more stringent.

B. Other Policies:

Make-up policy:
1. After one week, students will not be allowed to make-up written examinations.
2. With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

Injury Policy:
Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.