Catalog Course Description:

The introduction of skills, general rules, and strategy related to the game of volleyball with particular emphasis on acquisition of skills.

Entry Level Standards:

The student should be able to effectively communicate with instructor and peers, complete assignments according to instructor specifications, and read and write at the required level.

Prerequisites:

None

Textbook(s) and Other Course Materials:

Textbook:

Personal Equipment:
Athletic clothing and athletic shoes

I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Introduction/ Objectives/ History/ Facilities and Equipment Physical Preparation/ Forearm Pass</td>
</tr>
<tr>
<td>2</td>
<td>Serving/ Overhead Pass</td>
</tr>
<tr>
<td>3</td>
<td>Spike and Block</td>
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<tr>
<td>4</td>
<td>Supplementary Skills</td>
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<tr>
<td>5</td>
<td>Playing Systems of the Game</td>
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<tr>
<td>6</td>
<td>Advanced Skills</td>
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<tr>
<td>7</td>
<td>Rules and Officiating</td>
</tr>
<tr>
<td>8</td>
<td>Review and MIDTERM</td>
</tr>
<tr>
<td>9</td>
<td>Class Play</td>
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</tbody>
</table>
II. Course Objectives*:

A. Play and practice volleyball employing correct technique. II. 2
B. Demonstrate knowledge of volleyball etiquette and safety. I. 5
C. Demonstrate knowledge of volleyball terminology. I. 5
D. Play volleyball employing rules and keeping score. II. 2
E. Demonstrate knowledge of volleyball history. II. 2
F. Evaluate and correct errors in volleyball form and execution. III. 2
G. Demonstrate knowledge of volleyball equipment and facilities. 1.5
H. Demonstrate knowledge of volleyball strategies. II. 2, III. 2
I. Demonstrate knowledge of volleyball form and technique. II. 2

*Roman numerals after course objectives reference goals of the university parallel program.

III. Instructional Processes*:

Students will:

1. Listen to and participate in lectures and discussions regarding factual information relevant to volleyball. Communication Outcome, Information Literacy Outcome, Active Learning Strategy
2. Read then demonstrate knowledge of volleyball technique, rules and other relevant factual information. Communication Outcome, Information Literacy Outcome
3. Analyze, evaluate, and modify technique to improve performance. Personal Development Outcome, Problem Solving and Decision Making Outcome, Transitional Strategy
4. Develop volleyball strategies. Problem Solving and Decision Making Outcome
5. Appreciate the intrinsic value of volleyball as a life-long recreational activity. Transitional Strategy, Personal Development Outcome

*Strategies and outcomes listed after instructional processes reference Pellissippi State’s goals for strengthening general education knowledge and skills, connecting coursework to experiences beyond the
classroom, and encouraging students to take active and responsible roles in the educational process.

IV. Expectations for Student Performance*:

Upon successful completion of this course, the student should be able to:

1. Demonstrate knowledge of volleyball etiquette. B
2. Demonstrate knowledge of volleyball terminology. C
3. Demonstrate knowledge of the history of volleyball. E
4. Demonstrate knowledge of how to score a volleyball match. D
5. Pick out the volleyball equipment necessary to maximize performance. G
7. Employ proper form during the execution of a Spike. A, F, I
8. Employ proper form during the execution of a Block. A, F, I
9. Employ proper form during the execution volleyball passes. A, F, I
10. Play Volleyball employing a variety of volleyball skills, safety, rules, and scoring. A, B, D, F, G, H, I
11. Use situational appropriate skills such as the forearm pass, overhead pass, spike, and block. A, F, H, I
12. Analyze a defensive/offensive situation and use the appropriate offensive/defensive response. A, F, H, I
13. Use appropriate defensive skills to play the ball correctly. A, F, H, I
14. Use appropriate offensive skills to play the ball correctly. A, F, H, I
15. Recognize and interpret volleyball official’s signals. C, D
16. Demonstrate knowledge of basic rules, and strategies. D, H
17. Become a team player. A, B, F, H, I

*Letters after performance expectations reference the course objectives listed above.

V. Evaluation:

A. Testing Procedures: 70 points

   Written Examinations: 40 points
   Skill Test: 30 points

B. Laboratory Expectations:

   N/A

C. Field Work: Attendance and participation: 30 points
After three absences, 4 points will be subtracted from the student's attendance grade. Students with eight or more absences will not pass this course. Students who fail to participate in assigned activities will be counted as absent.

D. Other Evaluation Methods: Extra Credit: 5 points

View a televised Volleyball game, then submit a two-paged typed report.

E. Grading Scale:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points Range</th>
</tr>
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<tbody>
<tr>
<td>A</td>
<td>93 -100</td>
</tr>
<tr>
<td>B+</td>
<td>92 - 88</td>
</tr>
<tr>
<td>B</td>
<td>87 - 83</td>
</tr>
<tr>
<td>C+</td>
<td>82 - 78</td>
</tr>
<tr>
<td>C</td>
<td>77 - 73</td>
</tr>
<tr>
<td>D+</td>
<td>72 - 68</td>
</tr>
<tr>
<td>D</td>
<td>67 - 62</td>
</tr>
<tr>
<td>F</td>
<td>61 below</td>
</tr>
</tbody>
</table>

VI. Policies:

A. Attendance Policy:

Pellissippi State Technical Community College expects students to attend all scheduled instructional activities. As a minimum, students in all courses must be present for at least 75 percent of their scheduled class and laboratory meeting in order to receive credit for the course. Individual department/programs/disciplines, with the approval to the vice president to Academic and Student Affairs, may have requirements that are more stringent.

B. Other Policies:

Make-up policy:
1. After one week, students will not be allowed to make-up written examinations.
2. With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

Injury Policy:
Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

Tardy Policy:
Students, who are more than fifteen minutes late to class, will be considered absent.