BEGINNING SOFTBALL
PHED 1030

Class Hours: 0.0  Credit Hours: 1.0
Laboratory Hours: 2.0  Date Revised: Fall 02

Catalog Course Description:

Instruction in fundamentals, rules and strategies.

Entry Level Standards:

The student should be able to effectively communicate with instructor and peers, complete assignments according to instructor specifications, and read and write at the required level.

Prerequisites:

None

Textbook(s) and Other Course Materials:


All students are required to furnish their own softball glove. Comfortable (sports appropriate) clothing and athletic shoes are required.

I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>Introduction/ Locker distribution/ Warm-ups/ Terminology</td>
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<tr>
<td>2</td>
<td>Pitching/ Throwing</td>
</tr>
<tr>
<td>3</td>
<td>Rules (written and unwritten)</td>
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<tr>
<td>4</td>
<td>Defensive Skill/ Fielding Defensive/ Position Play</td>
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<tr>
<td>5</td>
<td>Batting/ Base-running</td>
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<tr>
<td>6</td>
<td>Practice Skill</td>
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<tr>
<td>7</td>
<td>Practice Skill</td>
</tr>
<tr>
<td>8</td>
<td>Review</td>
</tr>
<tr>
<td>9</td>
<td>Scorekeeping/ Play</td>
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<tr>
<td>10</td>
<td>Basic Umpire Skills/ Play</td>
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</tbody>
</table>
II. Course Objectives*:

A. Play and practice softball employing correct technique. II.2

B. Demonstrate knowledge of softball etiquette and safety. I.5

C. Demonstrate knowledge of softball terminology. I.5

D. Play softball employing rules and keeping score. II.2

E. Demonstrate knowledge of softball history. II.2

F. Evaluate and correct errors in softball form and execution. III.2

G. Demonstrate knowledge of softball equipment and facilities. 1.5

H. Demonstrate knowledge of softball strategies. II.2 III.2

I. Demonstrate knowledge of softball form and technique. II.2

*Roman numerals after course objectives reference goals of the university parallel program.

III. Instructional Processes*:

Students will:

1. Listen to and participate in lectures and discussions regarding factual information relevant to softball. *Communication Outcome, Information Literacy Outcome*

2. Read and demonstrate knowledge of softball technique, rules and other relevant factual information. *Communication Outcome, Information Literacy Outcome*

3. Analyze, evaluate, and modify technique to improve performance. *Personal Development Outcome, Problem Solving and Decision Making Outcome, Transitional Strategy*

4. Develop individual and team softball strategies that improve skill levels and play. *Problem Solving and Decision Making Outcome, Active Learning Strategy*

5. Appreciate the intrinsic value of softball as a life-long recreational activity. *Personal Development Outcome, Transitional Strategy*

*Strategies and outcomes listed after instructional processes reference Pellissippi State’s goals for strengthening general education knowledge and skills, connecting coursework to experiences beyond the classroom, and encouraging students to take active and responsible roles in the educational process.
IV. Expectations for Student Performance*

Upon successful completion of this course, the student should be able to:

1. Demonstrate knowledge of softball etiquette. B
2. Demonstrate knowledge of softball terminology. C
3. Demonstrate knowledge of softball history. E
4. Demonstrate knowledge of how to score a softball game. C, D
5. Pick out the softball equipment necessary to maximize performance. G
13. Demonstrate knowledge of basic umpire skills. B, C, D
14. Demonstrate knowledge of defensive position play. F, H, I
15. Demonstrate knowledge of defensive strategy. F, H, I
16. Demonstrate knowledge of offensive strategy. F, H,
17. Play a softball game employing a variety of offense and defensive skills, safety, rules, and scoring. A, B, C, D, F, G, H, I

*Letters after performance expectations reference the course objectives listed above.

V. Evaluation:

A. Testing Procedures:

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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Midterm</td>
<td>20 Points</td>
</tr>
<tr>
<td>Final</td>
<td>20 Points</td>
</tr>
<tr>
<td>Skill Test</td>
<td>30 Points</td>
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</tbody>
</table>

B. Laboratory Expectations:

N/A
C. Attendance and Participation: 30 points

After three absences, 4 points will be subtracted from the student's attendance grade. Students with eight or more absences will not pass this course. Students who fail to participate in assigned activities will be counted as absent.

D. Extra Credit: 5 points

View a televised softball or baseball game, then submit a two-paged typed report.

E. Grading Scale:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
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<tbody>
<tr>
<td>A</td>
<td>93 - 100</td>
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<tr>
<td>B+</td>
<td>92 - 88</td>
</tr>
<tr>
<td>B</td>
<td>87 - 83</td>
</tr>
<tr>
<td>C+</td>
<td>82 - 78</td>
</tr>
<tr>
<td>C</td>
<td>77 - 73</td>
</tr>
<tr>
<td>D+</td>
<td>72 - 68</td>
</tr>
<tr>
<td>D</td>
<td>67 - 62</td>
</tr>
<tr>
<td>F</td>
<td>&gt; 61</td>
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</tbody>
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VI. Policies:

A. Attendance Policy:

Pelissippi State Technical Community College expects students to attend all scheduled instructional activities. As a minimum, students in all courses must be present for at least 75 percent of their scheduled class and laboratory meeting in order to receive credit for the course. Individual department/programs/disciplines, with the approval to the vice president to Academic and Student Affairs, may have requirements that are more stringent.

B. Make-up policy:

1. After one week, students will not be allowed to make-up written examinations.
2. With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

C. Other Policies:

**Injury Policy:**
Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries, no matter how minor.

**Tardy Policy:**
Students, who arrive at class more than fifteen minutes late, will be considered absent.