BEGINNING TENNIS
PHED 2440

Class Hours: 0.0
Credit Hours: 1.0
Lab Hours: 2.0
Revised: Spring 2011

Catalog Course Description:

The introduction of skills, general rules, and strategy related to the game of tennis with particular emphasis on acquisition of skills.

Entry Level Standards:

None

Prerequisites:

None

Textbook(s) and Other Course Materials:


Personal Equipment:
Appropriate tennis wear, tennis racket, and three unopened cans of name brand tennis balls (3 balls per can).

I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>Locker Assignments/ Syllabus Review/ Introduction; Tennis-Today and Yesterday; Equipment and facilities, Footwork; Racket grip</td>
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<tr>
<td>2</td>
<td>Principles of Stroking, Forehand</td>
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<tr>
<td>3</td>
<td>Backhand</td>
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<td>4</td>
<td>Practice forehand and backhand strokes</td>
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<tr>
<td>5</td>
<td>Serve</td>
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<tr>
<td>6</td>
<td>Volley</td>
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<td>7</td>
<td>Lob/ Smash</td>
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<tr>
<td>8</td>
<td>Practice/Midterm</td>
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<tr>
<td>9</td>
<td>Rules/ Terminology/ Scoring</td>
</tr>
<tr>
<td>10</td>
<td>class play</td>
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</tbody>
</table>
II. Course Goals*:

The course will:

A. Play and practice Tennis employing correct technique. (V,1 & III,5 & I,6)
B. Demonstrate knowledge of Tennis etiquette and safety. (I, 6 & III,3)
C. Demonstrate knowledge of Tennis terminology. (VII,4 & VII,5)
D. Play Tennis employing rules and keeping score. (VII,5)
E. Demonstrate knowledge of Tennis history. (IV,1 & IV,3 & II,5)
F. Evaluate and correct errors in Tennis form and execution. (III,5)
G. Demonstrate knowledge of Tennis equipment and facilities. (VII,3 & VII,5)
H. Demonstrate knowledge of Tennis strategies. (VII,5 & I,6)
I. Demonstrate knowledge of Tennis form and technique. (I, 6 & I,7)

*Roman numerals after course objectives reference goals of the university parallel program.

III. Expected Student Learning Outcomes*:

The student will be able to:

1. Demonstrate knowledge of tennis etiquette. B
2. Demonstrate knowledge of tennis terminology. C
3. Demonstrate knowledge of tennis history. E
4. Demonstrate knowledge of how to score a tennis match. I
5. Pick out the Tennis equipment necessary to maximize performance. G
6. Perform using the proper forehand and backhand grips. A, F, I
7. Perform changing grips when necessary. A, F, I
8. Demonstrate knowledge of and employ proper form during the execution of forehand strokes. A, F, I
9. Employ proper form during the execution of backhand strokes. A, F, I
10. Employ proper form during the execution of an overhead serve. A, F, I
11. Hit forehand strokes off of the ball machine across the net and into the singles court. A, F, I
12. Hit backhand strokes off of the ball machine across the net and into the singles court. A, F, I
13. Hit serves into the proper service box. A, F, I
14. Demonstrate knowledge of the volley. A, F, I
15. Demonstrate knowledge of the lob. A, F, I
16. Demonstrate knowledge of the overhead smash. A, F, I
17. Employ proper footwork during the execution of tennis strokes. A, F, I
18. Execute singles’ strategy during set play. A, F, I
20. Play singles and doubles sets employing a variety of tennis strokes, safety, rules, and scoring. A, F, I
21. Demonstrate knowledge of tennis rules. D
22. Demonstrate knowledge of the Tennis court. G
23. Analyze, detect and correct errors in performance. F
24. Serve into the proper service box. A, F, I

* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

IV. Evaluation:

A. Testing Procedures: 40% of grade

   20% Written midterm on skills and strategy
   20% Written final examination on rules and terminology

B. Laboratory Expectations: 0% of grade

   N/A

C. Field Work: 0% of grade

   N/A

D. Other Evaluation Methods: 60% of grade

   **Skill Evaluation:** 30 points
   - Forehand: 10 points
   - Backhand: 10 points
   - Serve: 10 points

   **Attendance and participation:** 30 points
   After three absences, 4 points will be subtracted from the student's attendance grade
   Students with eight or more absences will not pass this course. Students who fail to
participate in assigned activities will be counted as absent.

E. Grading Scale:

- A 93 -100 points
- B+ 92 - 88 points
- B 87 - 83 points
- C+ 82 - 78 points
- C 77 - 73 points
- D+ 72 - 68 points
- D 67 - 62 points
- F 61 below points

V. Policies:

A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of the Learning Division, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of the Learning Division.

B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one’s own work.
- Taking an exam for another student.
- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

C. Accommodations for disabilities:

Students who need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Services for Students with Disabilities (SSWD) in order to receive accommodations in this course. Services for Students with Disabilities may be contacted by going to Goins 127, 132, 134, 135, 131 or by phone: 539-7153 or TTY 694-6429. More information is available at www.pstcc.edu/departments/swd/.
D. Other Policies:

Make-up policy:
After one week, students will not be allowed to make-up written examinations.

With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

Injury Policy:
Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

Tardy Policy:
Students, who are more than fifteen minutes late to class, will be considered absent.