Catalog Course Description:

The introduction of skills, general rules, and strategy related to the game of volleyball, with particular emphasis on acquisition of skills.

Entry Level Standards:

Students should be able to effectively communicate with the instructor and peers, complete assignments according to instructor specifications and read and write at the required level.

Prerequisites:

None

Textbook(s) and Other Course Materials:

No text required. Required readings will be found in the library, on the Internet, or in class handouts.

Personal Equipment:

Athletic clothing and athletic shoes

I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Introduction/ Objectives/ History/ Facilities and Equipment Physical Preparation/ Forearm Pass</td>
</tr>
<tr>
<td>2</td>
<td>Serving/ Overhead Pass</td>
</tr>
<tr>
<td>3</td>
<td>Spike and Block</td>
</tr>
<tr>
<td>4</td>
<td>Supplementary Skills</td>
</tr>
<tr>
<td>5</td>
<td>Playing Systems of the Game</td>
</tr>
<tr>
<td>6</td>
<td>Advanced Skills</td>
</tr>
<tr>
<td>7</td>
<td>Rules and Officiating</td>
</tr>
<tr>
<td>8</td>
<td>Review and MIDTERM</td>
</tr>
<tr>
<td>9</td>
<td>Class Play</td>
</tr>
</tbody>
</table>
II. Course Goals*:

The course will:

A. Play and practice Volleyball employing correct technique. I.6, III.5, V.1
B. Demonstrate knowledge of Volleyball etiquette and safety. I.6, III.3
C. Demonstrate knowledge of Volleyball terminology. VII.4, VII.5
D. Play Volleyball employing rules and keeping score. VII.5
E. Demonstrate knowledge of Volleyball history. II.5, IV.1, IV.3
F. Evaluate and correct errors in Volleyball form and execution. III.5
G. Demonstrate knowledge of Volleyball equipment and facilities. VII.3, VII.5
H. Demonstrate knowledge of Volleyball strategies. I.6, VII.5
I. Demonstrate knowledge of Volleyball form and technique. I.6, I.7

*Roman numerals after course objectives reference goals of the Natural and Behavioral Sciences program (Career Program Goals and General Education Goals are listed http://www.pstcc.edu/departments/curriculum_and_instruction/syllabi/)

III. Expected Student Learning Outcomes*:

The student will be able to:

1. Demonstrate knowledge of volleyball etiquette. B
2. Demonstrate knowledge of volleyball terminology. C
3. Demonstrate knowledge of the history of volleyball. E
4. Demonstrate knowledge of how to score a volleyball match. D
5. Pick out the volleyball equipment necessary to maximize performance. G
7. Employ proper form during the execution of a Spike. A, F, I
8. Employ proper form during the execution of a Block. A, F, I
9. Employ proper form during the execution volleyball passes. A, F, I

10. Play Volleyball employing a variety of volleyball skills, safety, rules, and scoring. A, B, D, F, G, H, I

11. Use situational appropriate skills such as the forearm pass, overhead pass, spike, and block. A, F H, I

12. Analyze a defensive/offensive situation and use the appropriate offensive/defensive response. A, F, H, I

13. Use appropriate defensive skills to play the ball correctly. A, F, H, I

14. Use appropriate offensive skills to play the ball correctly. A, F, H, I

15. Recognize and interpret volleyball official’s signals. C, D

16. Demonstrate knowledge of basic rules, and strategies. D, H

17. Become a team player. A, B, F, H, I

* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

**IV. Evaluation:**

A. Testing Procedures:

   Students are evaluated primarily on the basis of two tests on rules, terminology and play; skills tests; and participation.

<table>
<thead>
<tr>
<th>Test Type</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Written Exams</td>
<td>40 points</td>
</tr>
<tr>
<td>Skills Test</td>
<td>20 points</td>
</tr>
<tr>
<td>Group Play</td>
<td>20 points</td>
</tr>
<tr>
<td>Participation</td>
<td>20 points</td>
</tr>
<tr>
<td></td>
<td>100 points</td>
</tr>
</tbody>
</table>

B. Laboratory Expectations:

   N/A

C. Field Work: Attendance and participation:

   N/A

D. Other Evaluation Methods:

   N/A

E. Grading Scale:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93 -100 points</td>
</tr>
<tr>
<td>B+</td>
<td>92 - 88 points</td>
</tr>
<tr>
<td>B</td>
<td>87 - 83 points</td>
</tr>
<tr>
<td>C+</td>
<td>82 - 78 points</td>
</tr>
<tr>
<td>C</td>
<td>77 - 73 points</td>
</tr>
<tr>
<td>D+</td>
<td>72 - 68 points</td>
</tr>
<tr>
<td>D</td>
<td>67 - 62 points</td>
</tr>
<tr>
<td>F</td>
<td>61 below points</td>
</tr>
</tbody>
</table>
V. Policies:

A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of the Learning Division, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of the Learning Division.

B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one’s own work.
- Taking an exam for another student.
- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

C. Accommodations for disabilities:

Students who need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Services for Students with Disabilities (SSWD) in order to receive accommodations in this course. Services for Students with Disabilities may be contacted by going to Goins 127, 132, 134, 135, 131 or by phone: 539-7153 or TTY 694-6429. More information is available at www.pstcc.edu/departments/swd/.

D. Other Policies:

Attendance Policy:

Three absences will be allowed. On the fourth and subsequent absences, four points will be deducted from the final total. Students with eight or more absences will not pass the course. Students who fail to participate in assigned activities will be counted as absent.

Tardiness/Lateness Policy:

Students are expected to be on time for class. Students late for class will have points deducted from the participation total. Ten minutes late will result in a tardy. Three tardies equal an absence. Twenty minutes late will result in
an absence.

**Injury Policy:**
Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

**Gum, Food, Drink, etc. Policy:**
In accordance with the guidelines of the Student Recreation Center, any type of chewing gum, tobacco products, food, or drinks are not allowed in Physical Education classes. The exception would be that WATER is allowed in the weight room provided that it is in a spill-proof container.

**Make-up Policy:**
1. After one week, students will not be allowed to make-up written examinations.
2. With documentation, students will be allowed to make-up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.