A study of the basic principles of good health as they relate to the child in the family, child care center or family child care home, and community. Includes child nutrition, growth, disease and accident prevention, and safety. Also included is a study of principles of creating appropriate learning environments for young children. Laboratory observation and interaction.

Entry Level Standards:

Must be able to read and write at the college level.

Prerequisite:

None

Textbook(s) and Other Course Materials:

Required:

Optional:
ABC's of Safe and Healthy Child Care, 1996, Dept. of Health & Human Services, U.S. Public
Healthy Service, Centers for Disease Control and Prevention.
Environmental Rating Scales - Infant-Toddler, Early Childhood, School-Age, & Family Day Care
Tennessee Licensing Standards

I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Developmentally Appropriate Practice: Mental Models for Development and Learning (Circle &amp; Triangle)</td>
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<tr>
<td>2</td>
<td>Licensing Standards</td>
</tr>
<tr>
<td>3</td>
<td>Related Children's Literature</td>
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<tr>
<td>4</td>
<td>Environmental Rating Scales: Infant/Toddler, Early Childhood, School-Age, &amp; Family Day Care</td>
</tr>
<tr>
<td>5</td>
<td>Learning Environments</td>
</tr>
</tbody>
</table>
II. Course Goals*:

The course will:

A. Exhibit knowledge and skills necessary for providing a safe environment to prevent and reduce injuries. I, III

B. Exhibit knowledge and skills to implement good health and nutrition practices. I, III

C. Use knowledge of child development to create environments that encourage play, exploration and learning. I, III, IV

*Roman numerals after course goals reference goals of the ECEd program.

III. Expected Student Learning Outcomes*:

The student will be able to:

1. Submit written reflections & reviews on selected readings. A, B
2. Develop a prop box. C
3. Develop nutrition/cooking activities. B
4. Plan a menu. B
5. Develop a learning center. C
6. Develop a safety bulletin board or documentation board. A
7. Maintain a commitment to professionalism. C
10. Complete a journal regarding observed practices. A, B, C
11. Understand strategies to manage an effective program operation. A, B, C
12. Understand ways to plan a safe, healthy learning environment. A, B, C

* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

IV. Evaluation:

A. Testing Procedures:

Students will complete a pre and post inventory on their knowledge of safe, healthy learning environments through an entry exam and a comprehensive final exam.

B. Laboratory Expectations:

Students will keep a journal, reflecting on each class topic. They will share in writing the knowledge they have learned and how they will use this knowledge in the classroom.

C. Field Work:

Students will observe and assess different early childhood education programs at various sites.

V. Policies:

A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of Academic Affairs, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of Academic Affairs.

B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

• Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.

• Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.

• Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one’s own work.

• Taking an exam for another student.

• Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.

• Any of the above occurring within the Web or distance learning environment.

C. Accommodations for disabilities:
Students who need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Services for Students with Disabilities (SSWD) in order to receive accommodations in this course. Services for Students with Disabilities may be contacted by going to Goins 127, 132, 134, 135, 131 or by phone: 539-7153 or TTY 694-6429. More information is available at http://www.pstcc.edu/sswd/.