BRIDGE TO REGISTERED NURSE (RN) PRACTICE
NURS 1170

Class Hours: 6.0  Credit Hours: 9.0
Laboratory Hours: 3.0  Revised: Fall 2013

Catalog Course Description:

An introduction to the practice of nursing, with emphasis on meeting therapeutic nursing care of adults and children with physiological, psychosocial, perioperative needs, introduction to pharmacotherapeutics, and application of fundamental concepts and the beginning development of nursing competencies. The study and application of nursing skills necessary to meet patient needs across the lifespan are included in this course. This course focuses on the therapeutic nursing care and modalities in the care of adults and children with emphasis on cardiac, respiratory, and neurological systems. Based on the nursing process, this course focuses on health promotion in meeting patient needs in a variety of medical and surgical settings. Concepts of transitioning to the role of a registered nurse are also included.

6 hours lecture and 15 hours clinical/ lab experience per week.

Entry Level Standards:

College -level competencies in logic, reading, critical thinking, ability to mathematically reason, effectively utilize communication skills, ability to tug, pull, stoop, and lift 50 pounds unassisted.

Prerequisites:

Acceptance and admission to the Associate of Applied Science in Nursing program at Pellissippi State Community College, Department of Nursing. BIOL 2010, BIOL 2020, ENGL 1010, PSYC 2130

Corequisites:

SPCH 2100, BIOL 2130, Approved Humanities elective

Textbook(s) and Other Course Materials:


I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Chapter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Foundations, Theory &amp; Research, Family, Culture, Spiritual, Grief</td>
<td>Wilkinson 1, 8, 12, 13, 14, 15</td>
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<tr>
<td>2</td>
<td>Critical Thinking, Nursing Process, Therapeutic Communication</td>
<td>Wilkinson 2, 3, 4, 5, 6, 7, 18</td>
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<td>3</td>
<td>Teaching, Pain Management, Nutrition</td>
<td>Wilkinson 24, 30, 26</td>
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<td>4</td>
<td>Fluid &amp; Electrolytes, Acid-Base Balance</td>
<td>Pellico 4</td>
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<tr>
<td>5</td>
<td>Respiratory Adult</td>
<td>Pellico 8, 9, 10</td>
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<td>6</td>
<td>Respiratory Adult, Respiratory Pediatric</td>
<td>Pellico 11; Ward 24</td>
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<tr>
<td>7</td>
<td>Cardiac Adult</td>
<td>Pellico 12, 13, 14, 15, 16</td>
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<tr>
<td>8</td>
<td>Cardiac Adult, Cardiac Pediatric</td>
<td>Pellico 17, 18; Ward 27</td>
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<tr>
<td>9</td>
<td>Neurological Adult</td>
<td>Pellico 43, 44, 45, 46, 47</td>
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<td>10</td>
<td>Sensorineural/Neurological Adult, Neurological Pediatric</td>
<td>Pellico 48, 49, 50; Ward 29</td>
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<tr>
<td>11</td>
<td>LPN to RN Transition</td>
<td>Kearney-Nunnery</td>
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<tr>
<td>12</td>
<td>Final Exam Period</td>
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II. Course Goals:

The course will

A. Increase the student’s ability to discuss the historical background of nursing. V, VI, VII, VIII
B. Enhance the student’s ability to identify the role of various members of the health care team in a structured setting. III, V

C. Develop an awareness of the attributes reflective of a caring and compassionate nurse. I, III

D. Increase the capacity of the student to define and identify examples of critical thinking skills in the nursing care of culturally diverse patients. IV, IX

E. Increase the student’s ability to understand and demonstrate principles of patient care documentation. III, VII, VIII

F. Foster the ability of the student to describe principles and styles of the teaching-learning process that promote and maintain well being for culturally diverse individuals of all age groups. IV, V

G. Increase the capacity of the student to define terms and abbreviations that are essential for effective communication with individuals of all ages and cultural diversity. III, IV

H. Enhance the student’s ability to identify the components of the nursing process. II

I. Increase the capacity of the student to demonstrate in the laboratory/clinical setting beginning level nursing performance of skilled nursing care and procedures with assistance in a safe and efficient manner. I, II, III, IV, V, VI, VII, VIII

J. Enhance the ability of the student to utilize the steps of the nursing process in developing a nursing care plan applying theoretical principles and concepts identified in NURS 1170. I, II, III, IV, V

K. Develop an awareness of therapeutic principles in the performance of beginning skilled nursing care for assigned patients related to the theoretical content of NUR 1170. I, II, III, IV, VI, VII, VIII

L. Enhance the student’s ability to utilize ethical and legal standards of nursing practice. I, II, III, IV

M. Assist the student to explain the significance and impact of research to the practice and principles of nursing practice. II, III, IV, V, VI, VII

N. Foster the ability of the student to apply theoretical concepts identified in NURS 1170 topical content outline in given patient situations. I, II, III, IV, V, VI, VII

*Roman numerals after course objectives reference goals of the nursing program.

Nursing Program Educational Goals:

Upon completion of the Associate of Applied Science in Nursing Program, the graduate will develop skills, knowledge, and abilities to accomplish the following:

I. Provide competent nursing care at the advanced beginner level to diverse populations.

II. Establish and maintain ethical relationships in order to act within the context of the Nurse Practice Act.

III. Provide nursing care that promotes, protects, and improves health for individuals, families and communities.
IV. Deliver culturally competent care that reflects sensitivity to racial, ethnic and cultural diversity.

V. Utilize nursing and allied health related research in the delivery of nursing care.

VI. Participate in coordinated care by practicing shared decision-making, delegating aspects of care, and working in teams.

VII. Deliver nursing care that is cost-effective and assures financial accountability.

VIII. Utilize multiple sources of information, which include computer-based data, to critique and improve clinical decisions.

IX. Engage in critical self-assessment in order to maintain life-long learning.

X. Practice and evaluate caring behaviors in clinical nursing.

III. Expected Student Learning Outcomes*:

Students will be able to:

1. Discuss basic knowledge of Maslow’s Hierarchy of Needs Theory and Erickson’s and Erickson’s Developmental theory as applied to individuals and families across the lifespan. A, H, I

2. Describe the concepts of culture and culturally competent care and their influences upon nursing and health care. C, D, F

3. Identify attributes of therapeutic communication. B, D, F, G

4. State the components of the nursing process. E, H, K

5. Define principles of teaching/learning in the provision of care to patients across the lifespan. F, J, K

6. List the principles of professionalism, accountability, integrity, and values of a caring and professional nurse as identified by the National League for Nursing and the American Association of Colleges of Nursing. K, L, M

7. Develop beginning understanding of the Quality and Safety Education for Nurses (QSEN) process by summarizing the knowledge, skills and attitudes (KSAs) necessary to continuously improve the quality and safety of the healthcare systems. I, K, N

8. State the importance of healthy lifestyles, support systems, stress, management techniques, and crisis intervention in the care of individuals across the lifespan. F, H, J, K, N

9. Identify information technologies when assessing, planning, implementing, and evaluating care to individuals across the lifespan. J, N

10. Display beginning mastery of content by defining and discussing principles of medication administration and calculating medications to be administered by oral, parenteral, topical, and instillation routes. L, N

* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.
A. Testing Procedures: 100% of grade

Unit Exams: 80% of the course grade: Six (6) exams will be given with counting equally to comprise 80% of the course grade. Exams will be multiple choice, multiple answer, alternative style, and dosage calculation test questions as indicated to follow NCLEX-RN testing format.

Comprehensive Final Exam: 20% of the course grade. The exam will be multiple choice, multiple answer, alternative style questions, and dosage calculations test questions as indicated to follow NCLEX-RN testing format.

A 78% overall course average is required in order for the student to progress in the nursing sequence. Exams dates are specified in the class calendar. Students are required to bring a copy of assigned passport prior to each exam. Failure to comply will result in a delayed release of the student’s exam grade until passport is submitted. If a nursing student is unable to take an exam, it is the responsibility of the student to contact the instructor PRIOR to the EXAM and arrange an alternate make-up exam or the student will receive a zero for that exam.

B. Laboratory & Clinical Expectations: Satisfactory Performance

Laboratory and clinical behaviors must be satisfactory to receive a passing grade for the course. The following five (5) areas are considered to make up the laboratory portion of this course:

- Laboratory Quizzes: Students will have one laboratory quiz each week.
- Skills Lab: Students must perform weekly psychomotor skills with active participation and satisfactory performance of these skills. Failure to actively participate in these skill performances with satisfactory results will result in an Unsatisfactory in the laboratory portion of NURS 1150.
- Simulation Lab: Students will actively participate in the simulated scenarios provided through the use of Sim Man 3G, Sim Baby, Sim NewB, Vital Sim, and other electronic simulation devices. Failure to actively participate in these simulations with satisfactory responses to the scenarios will result in an Unsatisfactory in the laboratory portion of the class.
- Skills and Simulation Laboratories Evaluation Tool: Students will receive skills and simulation laboratory evaluation as follows:
  - A comprehensive final quiz will be given at the end of the semester to be completed individually.
  - A final comprehensive group scenario will be administered at the end of the semester.
  - The final comprehensive quiz and final group scenario will each count 50% of the final grade.
  - Student must attain an average of 78% or higher on the combined individual comprehensive final quiz and the final comprehensive group scenario for satisfactory laboratory performance.

- Clinical: Students will participate in clinical experiences at area hospitals, mental health facilities, extended care facilities, and community agencies as designated by faculty. In order to be successful, students will be responsible for:
  1. Completing written assignments in a satisfactory manner.
  2. Performing nursing skills at a beginning level.
  3. Participating in pre and post clinical conferences.
  4. Completing an agency affiliate evaluation.
5. Attending all clinical/lab experiences as scheduled.

Clinical Evaluation Tool: Students will receive a clinical evaluation at the completion of each clinical rotation.
- Clinical performance will be evaluated with a Clinical Evaluation Tool, and will be scored either “S” for Satisfactory performance, “NI” for Needs Improvement, or “U” for Unsatisfactory performance.
- The student must receive a score of “S” on the Clinical Evaluation Tool during the final clinical evaluation to pass the course.
- Students will be evaluated at least 2 times during the semester (mid-semester and end of semester) by the clinical instructor.
- If a student receives a “U” or a “NI” on the Clinical Evaluation Tool during the final clinical evaluation, the student will FAIL the course and receive a grade of an “F” for the course.

*Note: Any student who unduly compromises the safety of a patient and/or displays clinical misconduct behavior will receive a clinical grade of Unsatisfactory.

Portfolio:
A portfolio will be maintained by the student to include a writing sample of college-level performance. APA style will be used. The portfolio is to be turned in to the student’s advisor at the middle and end of the semester during advising to be reviewed and must also include the following: (1) A list of three goals for each semester, (2) the student’s personal philosophy of nursing, (3) skills checklist, (4) any certificates, etc. for continuing education and service learning, and (5) any completed work such as papers, care plans that demonstrates the student’s academic achievement. Satisfactory completion of the portfolio is required. Only a second opportunity will be given for satisfactory completion. Satisfactory completion of the portfolio is required as a passport to complete the nursing laboratory expectation for the course completion.

C. Field Work:

n/a

D. Other Evaluation Methods:

Standardized Course Assessment Exam: Students will complete an online course assessment exam prior to taking the final examination. The student must score a Level 2 on the assessment exam as a passport to take the final exam. If student does not score a Level 2 on the exam when taken, student must show remediation of a minimum of one (1) hour on the website to be allowed to take the final exam.

E. Grading Scale:

<table>
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<tr>
<th>Score Range</th>
<th>Grade</th>
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<tbody>
<tr>
<td>92-100</td>
<td>A</td>
</tr>
<tr>
<td>84-91</td>
<td>B</td>
</tr>
<tr>
<td>78-83</td>
<td>C</td>
</tr>
<tr>
<td>70-77</td>
<td>D</td>
</tr>
<tr>
<td>Below 70</td>
<td>F</td>
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V. Policies:

A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75
percent of their scheduled class and laboratory meetings in order to receive credit for the course. Students are expected to attend all classes for which they are registered, to be prompt and to remain in class/lab for the entire time. Students who are unable to attend class regularly, regardless of the reason or circumstance, should withdraw from the class. Withdrawal from class can affect eligibility for federal financial aid. See the PSCC Department of Nursing Student Handbook for the class attendance policy. Attendance at all clinical/lab experiences is mandatory. However, if an unavoidable mitigating circumstance arises which prevents attendance as scheduled; the student may request an excused absence. A student who misses more than 2 (two) clinical/lab days per semester will be referred to the Dean of Nursing for determination of the ability to remain in the program.

B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one’s own work.
- Taking an exam for another student.
- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

Please see the Pellissippi State Policies and Procedures Manual, Policy 04:02:00 Academic/Classroom Conduct and Disciplinary Sanctions for the complete policy.

C. Accommodations for disabilities:

Students that need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Services for Students with Disabilities (SSWD) in order to receive accommodations in this course. Services for Students with Disabilities may be contacted by sending email to disabilityservices@pstcc.edu, or visiting Goins 127, 132, 134, 135, 131. More information is available at http://www.pstcc.edu/sswd/.

D. Other Policies:

Make Up Policy:
The manner in which make up work, test(s), or assignments will be given for excused absences, as allowed by the Standard College Policies, shall be left solely to the discretion of the instructor.

Computer Usage Guidelines:
College-owned or -operated computing resources are provided for use by students of Pellissippi State. All students are responsible for the usage of Pellissippi State’s computing resources in an effective, efficient, ethical and lawful manner. (Pellissippi State Online Catalog)
Cell Phone Usage:
Faculty recognizes the need for students to be able to be contacted in the event of an emergency. However, noise disturbance must be reduced during nursing activities. Therefore, all pagers, beepers, and cell phones are to be on vibrating mode while in the classroom. All cell phones are to be turned off while in the Skills Lab or the Simulation Lab as cell phone usage may interfere with the advanced electronic equipment used in those areas. During scheduled testing all cell phones are to be turned off and placed out of reach. Possession of a cell phone during testing constitutes cheating, so any student not in compliance with this rule will receive a grade of zero on the exam and be removed from testing. The use of cell phones by students in an assigned clinical area is prohibited. Students should inform their family that in the case of an emergency the student may be reached by calling the agency to which they are assigned and speaking to the nursing faculty supervising the clinical assignment.