

PELLISSIPPI STATE COMMUNITY COLLEGE  
MASTER SYLLABUS

**ARCHERY**  
**PHED 2010**

**Class Hours: 0.0**

**Credit Hours: 1.0**

**Lab Hours: 2.0**

**Revised: Spring 2011**

**Catalog Course Description:**

The introduction of skills, general rules, safety and techniques related to the sport of archery, with particular emphasis on acquisition of skills.

**Entry Level Standards:**

None

**Prerequisites:**

None

**Textbook(s) and Other Course Materials:**

Archery Haywood/Lewis, Human Kinetics 0-87322-854-5

**I. Week/Unit/Topic Basis:**

<b>Week</b>	<b>Topic</b>
1	Introduction/ Demonstrate and discuss styles of shooting/ Fitting Basic equipment/ Eye dominance test. Safety rules and procedures/ warm up and flexibility/ / Mimetic exercises.
2	Nine steps to shooting /History/ Terminology
3	Whistle commands / Stance/ Nocking/ Set/ Body alignment/ Shoot from 5 yards <b>SHOOT THE FIRST ARROW!</b>
4	Anchor/ Aim/ Release/ Follow through/ Sights/ Shoot from 5 yards. Shoot from 10 yards
5	Shoot from 10 yards.
6	Review/ Practice from 10 yards
7	Midterm/ Practice from 10 yards
8	Practice from 15 yards.
9	Practice 20 yards.
10	Archery games/ shoot with one eye closed/vary stance

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|----|--|
| 11 | Rules and scoring (FITA) shoot for score/ Rules and scoring (NFAA, ASA, JBO) Shoot for score Practice. |
| 12 | Class Tournament.  |
| 13 | Class Tournament/Skill evaluation.   |
| 14 | Class Tournament/ Skill evaluation.  |
| 15 | Written Examination  |

**II. Course Goals\*:**

The course will teach students to:

- A. Shoot Archery and practice employing correct technique. ( V,1 & III,5 & I,6)
- B. Demonstrate knowledge of Archery etiquette and safety. (I, 6 & III,3)
- C. Demonstrate knowledge of Archery terminology. (VII,4 & VII,5)
- D. Shoot Archery employing rules and keeping score. (VII,5)
- E. Demonstrate knowledge of Archery history. (IV,1 & IV,3 & II,5)
- F. Evaluate and correct errors in Archery form and execution. (III,5)
- G. Demonstrate knowledge of Archery equipment and facilities. (VII,3 & VII,5)
- H. Demonstrate knowledge of Archery strategies. (VII,5 & I,6)
- I. Demonstrate knowledge of Archery form and technique. (I, 6 & I,7)

\*Roman numerals after course objectives reference General Education Goals are listed

**III. Expected Student Learning Outcomes\*:**

The student will be able to:

- 1. Discuss different styles of shooting. H, J
- 2. Fit and properly attach archery equipment. B, G
- 3. Demonstrate a clear understanding of safety rules and procedures. A, B, D, F, G, I
- 4. Understand eye dominance. A, F, I
- 5. Demonstrate and describe the nine steps to shooting. C, H, I, J
- 6. Shoot accurately from 10 feet. A, B, D, F, G, H, I, J
- 7. Shoot accurately from 15 feet. A, B, D, F, G, H, I, J
- 8. Shoot accurately from 20 feet. A, B, D, F, G, H, I, J

9. Demonstrate knowledge of archery rules and scoring. D
10. Vary shooting stance to improve accuracy. A, F, H, I, J
11. Shoot with both eyes closed. A, I
12. Define and describe archery terminology. C
13. Demonstrate knowledge of the history of archery. E
14. Use sights properly. A, F, G, J
15. Properly nock an arrow. A, F, G, J
16. Set using proper technique. A, F, I, J
17. Use proper body alignment. A, F, G, I
18. Anchor properly. A, F, G, I
19. Use correct aiming technique. A, F, G, I
20. Follow through using proper technique. A, F, G, I
21. Demonstrate knowledge of proper warm-up techniques and flexibility exercises used in archery. B
22. Demonstrate knowledge of proper care, selection, and use of archery equipment. G

\* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

#### **IV. Evaluation:**

A. Testing Procedures: 40% of grade

20% Take home midterm on skills and strategy  
20% Written final examination on rules and terminology

B. Laboratory Expectations: 0% of grade

N/A

C. Field Work: Attendance and participation: 0% of grade

N/A

D. Other Evaluation Methods: 60% of grade

Skill Evaluation: 30 points

Attendance and participation: 30 points

After three absences, 4 points will be subtracted from the student's attendance grade. Students with eight or more absences will not pass this course. Students who fail to participate in assigned activities will be counted as absent.

E. Grading Scale:

A	93 -100 points
B+	92 - 88 points
B	87 - 83 points
C+	82 - 78 points
C	77 - 73 points
D+	72 - 68 points
D	67- 62 points
F	61 below points

## V. Policies:

### A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of Academic Affairs, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of Academic Affairs.

### B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one's own work.
- Taking an exam for another student.
- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

### C. Accommodations for disabilities:

Students who need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Services for Students with Disabilities (SSWD) in order to receive accommodations in this course. Services for Students with Disabilities may be contacted by going to Goins 127, 132, 134, 135, 131 or by phone: 539-7153 or TTY 694-6429. More information is available at <http://www.pstcc.edu/sswd/>.

### D. Other Policies:

Make-up policy:

After one week, students will not be allowed to make-up written examinations.

With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

Injury Policy:

Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

Tardy Policy:

Students, who are more than fifteen minutes late to class, will be considered absent.=