

PELLISSIPPI STATE COMMUNITY COLLEGE  
MASTER SYLLABUS

**INTERMEDIATE TENNIS**  
**PHED 2450**

**Class Hours: 0.0**

**Credit Hours: 1.0**

**Lab Hours: 2.0**

**Date Revised: Spring 2011**

**Catalog Course Description:**

Development of intermediate skills and strategy related to the game of tennis with, particular emphasis on control and auxiliary strokes. May not be taken with PHED 2440 to satisfy PE activity requirements.

**Entry Level Standards:**

Competitive tennis experience

**Prerequisite:**

None

**Textbook(s) and Other Course Materials:**

Appropriate tennis wear, tennis racket, and three unopened cans of name brand tennis balls (3 balls per can).

**I. Week/Unit/Topic Basis:**

<b>Week</b>	<b>Topic</b>
1	Introduction/ Syllabus review/ warm-up exercises Review of Fundamental Tennis Skills/ Footwork, Racket Grip Principles of Stroking/ Forehand /Backhand
2	Review/ Practice Forehand and Backhand Strokes.
3	Passing and receiving Conditioning for Tennis /Practice Drills/ Skills Practice and Drills
4	Serve/ Volley/ Overhead/ Smash/ Lob
5	Half-Volley, Drop Shot
6	Practice and Drills/ Midterm
7	Singles Strategy/ Doubles Strategy/ Practice Drills
8	Review Unabridged Rules/ Review Scoring/ Terminology and Etiquette/ Tournaments and Officiating/ Class Tournament
9	Class Tournament
10	Class Tournament

- |    |                                |
|----|--------------------------------|
| 11 | Class Tournament               |
| 12 | Class Tournament               |
| 13 | Skills Tests/ Class Tournament |
| 14 | Skills Tests/ Class Tournament |
| 15 | Written Examination            |

## **II. Course Goals\*:**

The course will:

- A. Play and practice Intermediate Tennis employing correct technique. ( V,1 & III,5 & I,6)
- B. Demonstrate knowledge of Intermediate Tennis etiquette and safety. (I, 6 & III,3)
- C. Demonstrate knowledge of Intermediate Tennis terminology. (VII,4 & VII,5)
- D. Play tournament Tennis employing rules and keeping score. (VII,5)
- E. Demonstrate knowledge of Intermediate Tennis history. (IV,1 & IV,3 & II,5)
- F. Evaluate and correct errors in Intermediate Tennis form and execution. (III,5)
- G. Demonstrate knowledge of Intermediate Tennis equipment and facilities. (VII,3 & VII,5)
- H. Demonstrate knowledge of Intermediate Tennis strategies. (VII,5 & I,6)
- I. Demonstrate knowledge of Intermediate Tennis form and technique. (I, 6 & I,7)

\*Roman numerals after course objectives reference goals of the university parallel program.

## **III. Expected Student Learning Outcomes\*:**

The student will be able to:

1. The student will receive opportunities for increased appreciation and understanding of tennis. A, B, C, D, G
2. The student will refine existing basic skills and develop new skills on an intermediate skill level of tennis play. A
3. The student will gain an increased understanding of singles and doubles play and their strategies. G
4. The student will acquire an adequate knowledge of the rules, terminology and etiquette of the game in order to manage a competitive game situation and tournament protocol. B, C, D
5. The student will develop the ability to demonstrate and analyze tennis skills, as well as detect and correct errors in performance. E, H
6. Apply rules, terminology, and etiquette of tennis in game situation. A, D
7. Apply strategy to singles and doubles play. A, D, G

8. Demonstrate proper grips and footwork. A, E
9. Discuss the effects and advantages of topspin, back spin, and flute strokes. A, E
10. Discuss and execute strokes using linear momentum and rotary momentum. A, E
11. Execute the various spins on the ball during play. A, E, G
12. Demonstrate the continental grip for topspin serves. A, E
13. Describe the differences and perform effectively both the first and second serve. A, E
14. Perform a topspin serve and a slice serve. A, E
15. Demonstrate where to stand to receive a serve. A, E
16. Discuss and demonstrate serve receive technique. A, E
17. Discuss and demonstrate how and when to go to the net during play. A, E, G
18. Perform forehand and backhand ground strokes down the line and cross-court varying speed and spin. A, E
19. Perform an effective overhead shot. A, E
20. Perform and describe the differences in an offensive lob and a defensive lob. A, E
21. Discuss when to use each type of lob. E
22. Perform and discuss the drop shot and drop volley. A, E
23. Discuss singles strategy. G
24. Play singles utilizing effective and diverse strategies. A, G
25. Discuss doubles strategy. G
26. Play doubles utilizing effective and diverse strategies. A, G
27. Discuss how to handle stress before a match. F
28. Discuss different equipment and the advantages of different equipment. A

\* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

#### **IV. Evaluation:**

A. Testing Procedures: 40% of grade

- 20% Take home midterm on skills and strategy
- 20% Written final examination on rules and terminology

B. Laboratory Expectations: 0% of grade

N/A

C. Field Work: 0% of grade

N/A

D. Other Evaluation Methods: 60% of grade

<u>Skill Evaluation:</u>	30 points
Overhead Smash	5
Volley	5
Half Volley	5
Lob	5
Cross court Forehand	5
Top spin/Slice Serve	5

Attendance and participation: 30 points

After three absences, 4 points will be subtracted from the student's attendance grade. Students with eight or more absences will not pass this course. Students who fail to participate in assigned activities will be counted as absent.

E. Grading Scale:

A	93 -100 points
B+	92 - 88 points
B	87 - 83 points
C+	82 - 78 points
C	77 - 73 points
D+	72 - 68 points
D	67- 62 points
F	61 below points

**V. Policies:**

A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of Academic Affairs, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of Academic Affairs.

B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one's own work.
- Taking an exam for another student.

- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

Please see the Mississippi State Policies and Procedures Manual, Policy 04:02:00 Academic/Classroom Conduct and Disciplinary Sanctions for the complete policy.

C. Accommodations for disabilities:

Students who need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Services for Students with Disabilities (SSWD) in order to receive accommodations in this course. Services for Students with Disabilities may be contacted by going to Goins 127, 132, 134, 135, 131 or by phone: 539-7153 or TTY 694-6429. More information is available at <http://www.pstcc.edu/sswd/>.

D. Other Policies:

Make-up policy:

After one week, students will not be allowed to make-up written examinations.

With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

Injury Policy:

Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

Tardy Policy:

Students, who are more than fifteen minutes late to class, will be considered absent.