

PELLISSIPPI STATE COMMUNITY COLLEGE
MASTER SYLLABUS

INTERMEDIATE VOLLEYBALL
PHED 2610

Class Hours: .0

Credit Hours: 1.0

Laboratory Hours: 2.0

Revised: Fall 2014

Catalog Course Description:

This course is designed to introduce intermediate volleyball skills, techniques and rules. Emphasis will be placed on refining fundamentals and developing advanced skills and strategies, as well as fostering an appreciation for a lifetime activity.

Entry Level Standards:

Students should be able to communicate effectively with the instructor and peers, complete assignments according to instructor specifications and read and write at the required level.

Prerequisites:

None

Textbook(s) and Other Course Materials:

No text required. Required readings will be found in the library, on the Internet, or in class handouts.

Personal Equipment:

Athletic clothing and athletic shoes

I. Week/Unit/Topic Basis:

Week	Topic
1	Introduction. Class Requirements and Syllabus; Forearm Pass
2	Serving; Play
3	Spike; Overhead Pass
4	Block (Single, Double, Triple); Play
5	Reading the Dig, Digging, Dive and Catch, Dive & Slide; Play
6	Playing Systems (4-2, 5-1, 6-2); Review for Mid-Term
7	Jump Serve; Mid-Term
8	Jump Set, Setter Attack; Play

- 9 Back Row Attack; Play
- 10 Practice
- 11 Practice
- 12 Skill Test
- 13 Play
- 14 Play
- 15 Final Exam

II. Course Goals*:

The course will

- A. Provide time, place, and instruction for students to play and practice volleyball employing correct technique. I.6, III.5, V.1
- B. Require students demonstrate knowledge of volleyball etiquette and safety. I.6, III.3
- C. Require students demonstrate knowledge of volleyball terminology. VII.4, VII.5
- D. Provide time, place, and instruction for students to play volleyball employing rules and keeping score. VII.5
- E. Require students demonstrate knowledge of volleyball history. II.5, IV.1, IV.3
- F. Provide tools to help students effectively evaluate and correct errors in volleyball form and execution. III.5
- G. Require students demonstrate knowledge of volleyball equipment and facilities. VII.3, VII.5
- H. Require students demonstrate knowledge of volleyball strategies. I.6, VII.5
- I. Require students demonstrate knowledge of volleyball form and technique. I.6, I.7

*Roman numerals after course objectives reference TBRs general education goals.

III. Expected Student Learning Outcomes*:

Students will be able to:

- 1. Demonstrate knowledge of volleyball etiquette. B
- 2. Demonstrate knowledge of volleyball terminology. C
- 3. Demonstrate knowledge of the history of volleyball. E
- 4. Demonstrate knowledge of how to score a volleyball match. D
- 5. Pick out the volleyball equipment necessary to maximize performance. G
- 6. Serve employing proper overhead technique. A, F, I

7. Employ proper form during the execution of a spike. A, F, I
8. Employ proper form during the execution of a block. A, F, I
9. Employ proper form during the execution volleyball passes. A, F, I
10. Play Volleyball employing a variety of volleyball skills, safety, rules, and scoring. A, B, D, F, G, H, I
11. Use situational appropriate skills such as the forearm pass, overhead pass, spike, and block. A, F, H, I
12. Analyze a defensive/offensive situation and use the appropriate offensive/defensive response. A, F, H, I
13. Use appropriate defensive skills to play the ball correctly. A, F, H, I
14. Use appropriate offensive skills to play the ball correctly. A, F, H, I
15. Recognize and interpret volleyball official's signals. C, D
16. Demonstrate knowledge of basic rules, and strategies. D, H
17. Function effectively as a team member. A, B, F, H, I

* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

IV. Evaluation:

A. Testing Procedures:

Students are evaluated primarily on the basis of two tests on rules, terminology and play; skills tests; and participation.

Written Exams	40 points
Skills Test	20 points
Group Play	20 points
Participation	<u>20 points</u>
	100 points

B. Laboratory Expectations:

n/a

C. Field Work:

n/a

D. Other Evaluation Methods:

n/a

E. Grading Scale:

A	93 -100 points
B+	92 - 88 points
B	87 - 83 points

C+	82 - 78 points
C	77 - 73 points
D	72 - 62 points
F	61 below points

V. Policies:

A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of Academic Affairs, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of Academic Affairs.

B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one's own work.
- Taking an exam for another student.
- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

Please see the Pellissippi State Policies and Procedures Manual, Policy 04:02:00 Academic/Classroom Conduct and Disciplinary Sanctions for the complete policy.

C. Accommodations for disabilities:

Students that need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Disability Services (DS) in order to receive accommodations in this course. Disability Services may be contacted by sending email to disabilityservices@pstcc.edu, or by visiting Alexander 130. More information is available at <http://www.pstcc.edu/sswd/>.

D. Other Policies:

Injury Policy:

Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

Gum, Food, Drink, etc. Policy:

In accordance with the guidelines of the Student Recreation Center, any type of chewing gum, tobacco products, food, or drinks are not allowed in Physical Education classes. The exception would be that WATER is allowed in the weight room provided that it is in a spill-proof container.

Make-up Policy:

1. After one week, students will not be allowed to make-up written examinations.
2. With documentation, students will be allowed to make-up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.