PELLISSIPPI STATE COMMUNITY COLLEGE
MASTER SYLLABUS
INTRODUCTION TO KINESIOLOGY
PHED 1005

Class Hours: 3.0  Credit Hours: 3.0
Laboratory Hours: .0  Revised: Fall 2015

Catalog Course Description:

An overview of discipline and professional areas for incoming Tennessee Transfer Pathway Kinesiology majors. This course is designed to acquaint students with the science of exercise and sport, to provide a better understanding of the role exercise plays in relation to education, medicine, and the society at large, and to help students choose the career most appropriate to their interests and capabilities.

Entry Level Standards:

Students must be able to read and write at the college level.

Prerequisites:

None

Textbook(s) and Other Course Materials:

No text required. Required readings will be found in the library, on the Internet, or in class handouts.

I. Week/Unit/Topic Basis:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>Introduction and Course Requirements</td>
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<tr>
<td>2</td>
<td>Oral Presentation on Personal Philosophy</td>
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<tr>
<td>3</td>
<td>Oral Report on Interview #1</td>
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<tr>
<td>4</td>
<td>Speaker(s) with Discussion; Career choice Assignment</td>
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<td>5</td>
<td>Classroom work</td>
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<tr>
<td>6</td>
<td>Speaker(s) with Discussion; Resume building Assignment</td>
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<td>7</td>
<td>Oral Report on Interview #2</td>
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<tr>
<td>8</td>
<td>Speaker(s) with Discussion</td>
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<tr>
<td>9</td>
<td>Advising Presentation</td>
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</tbody>
</table>
10 Speaker(s) with Discussion; Resume Assignment due
11 Oral Report on Interview #3
12 Speaker(s) with Discussion; Advising Assignment due
13 Oral and Written Reports and Discussion of Field Experiences
14 Oral and Written Reports and Discussion on Career Choice Assignment
15 Course wrap up and completion of Oral Reports and Discussion on Field Experiences and Career Choice

II. Course Goals*:

The course will

A. Develop students understanding and appreciation of Kinesiology as a field of scholarly study. I.6, VII. 1-6

B. Guide students to consider the relationships between Kinesiology knowledge, training, and career choices. I.6, VII. 1-6

C. Provide students with opportunities to interact with Kinesiology professionals and peers. I.4, I.5, VII. 1-6

D. Develop students critical thinking skills and problem solving skills in order to review and analyze information relating to Kinesiology. I.6, VII. 1-6

E. Provide an opportunity for the student to experience fieldwork in Kinesiology. I.4, I.5, VII. 1-6

*Roman numerals after course objectives reference TBRs general education goals.

III. Expected Student Learning Outcomes*:

Students will be able to:

1. List and discuss various employment/career opportunities resulting from a degree in Kinesiology. B, D, E

2. Formulate their personal philosophy of Kinesiology. A, B, C, D, E

3. Participate in a field experience in Kinesiology. E

4. Write a report on a field experience in Kinesiology. E

5. Write a report on interviews with Kinesiology specialists in three different career areas. B, C

6. Write a report on their career choice in Kinesiology. B, C

7. Give an oral report concerning their interviews with Kinesiology professionals. B, C, D

8. Lead a discussion concerning their interviews. B, C, D

10. Lead a discussion on their field experience. B, C, D, E
11. Lead a discussion on their career choice. B, C, D, E
12. Discuss major requirements with an advisor. B, C, D
13. Design a resume. B, C
14. Access the Internet and other educational resource venues for information on Kinesiology. A, B, D
15. Write a summary of research findings on one selected special topic. A, B, C, D
16. Discuss special topics in Kinesiology. A, B, C, D, E
17. Interact with Kinesiology peers and Kinesiology specialty speakers during class. C
18. Develop a resume. B
19. Understand the Kinesiology curriculum at a four year institution. A, B

* Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

**IV. Evaluation:**

A. Testing Procedures:

Students will be required to interview three professionals in the Exercise Science field. The student will write a commentary on each of these three interviews and give an oral report about each professional interviewed.

B. Laboratory Expectations:

Students will be required to work within two different Exercise Science settings outside of class for a minimum of six hours (three hours minimum in each area). Students will be required to give an oral and written presentation on their field experiences and turn in a journal of these experiences. **Appropriate dress required.**

C. Field Work:

Students will be required to use current information and dependable sources to prepare a presentation on a Kinesiology career choice.

D. Other Evaluation Methods:

<table>
<thead>
<tr>
<th>Evaluation Method</th>
<th>Points</th>
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<tbody>
<tr>
<td>Participate and attend class</td>
<td>10 points</td>
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<tr>
<td>Formulate and discuss one’s own personal philosophy</td>
<td>10 points</td>
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<tr>
<td>Complete advising assignment</td>
<td>10 points</td>
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<tr>
<td>Complete the resume assignment</td>
<td>10 points</td>
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<tr>
<td>Give three Oral Reports on Interviews (5 points each)</td>
<td>15 points</td>
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<tr>
<td>Write Three Reports on Interviews (5 points each)</td>
<td>15 points</td>
</tr>
<tr>
<td><strong>Write Report and give Oral Presentation on Career Choice Assignment (2 full pages typed, double spaced)</strong></td>
<td>15 points</td>
</tr>
<tr>
<td>Write Report and give Oral Presentation on One Field Experience (4 full pages typed, double spaced)</td>
<td>15 points</td>
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E. Grading Scale:

<table>
<thead>
<tr>
<th>Points</th>
<th>Grade</th>
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<tbody>
<tr>
<td>93 - 100</td>
<td>A</td>
</tr>
<tr>
<td>82 - 92</td>
<td>B</td>
</tr>
<tr>
<td>72 - 81</td>
<td>C</td>
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<tr>
<td>62 - 71</td>
<td>D</td>
</tr>
<tr>
<td>Below 62</td>
<td>F</td>
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Extra Credit Options: maximum of five points
- Written articles on a course related subject
  - 1 point each (maximum of 5 points)
- 5 – 7 page report on course related subject – 5 points

V. Policies:

A. Attendance Policy:

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of Academic Affairs, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of Academic Affairs.

B. Academic Dishonesty:

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:
- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one’s own work.
- Taking an exam for another student.
- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

Please see the Pellissippi State Policies and Procedures Manual, Policy 04:02:00 Academic/Classroom Conduct and Disciplinary Sanctions for the complete policy.

C. Accommodations for disabilities:

Students that need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated
should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Disability Services (DS) in order to receive accommodations in this course. Disability Services may be contacted by sending email to disabilityservices@pstcc.edu, or by visiting Alexander 130. More information is available at http://www.pstcc.edu/sswd/.

D. Other Policies:

    Make-up policy:
    After one week, students will not be allowed to make-up written examinations. With documentation, students will be allowed to make up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

    Injury Policy:
    Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

    Tardy Policy:
    Students, who are more than fifteen minutes late to class, will be considered absent.