

**PELLISSIPPI STATE COMMUNITY COLLEGE  
MASTER SYLLABUS**

**BEGINNING BOWLING  
PHED 1020**

**Class Hours: 2**

**Credit Hours: 1**

**Laboratory Hours: 0**

**Date Revised: Spring 2017**

**Catalog Course Description**

Selection of equipment, correct approach and release and scoring. Fee for facility and equipment rental.

**Prerequisites**

None

**Corequisites**

None

**Textbook(s) and Other Course Materials**

Grinfelds, Vesma; Hultstrand, Bonnie; Right Down Your Alley; Morton Publishing Company; Englewood, Co.

**Week/Unit/Topic Basis**

Week Topic

1. Introduction, pick out proper equipment Lecture/ Roll Balls
2. Etiquette, Safety Stance, approach, & delivery Lecture/ Bowling form and strategies (Practice)
3. Spare Pick-up Lecture / Practice
4. Jargon, Scoring, History, & Rules Lecture / Practice
5. Practice
6. Bowl Games
7. Bowl Games
8. Written Examination/ Set up Class Tournament Bowl Games
9. Class Tournament
10. Class Tournament
11. Class Tournament
12. Class Tournament
13. Class Tournament
14. Class Tournament
15. Final Exam Period

## **Course Goals**

NOTE: Roman numerals after course objectives reference TBR General Education Goals.

The course will

- A. Enhance student's ability to gather and analyze information regarding correct techniques and strategies to be applied in practice and competitive settings. I.6, III.5, V.1 VII.5
- B. Guide students to understand and employ proper etiquette, sportsmanship, and safety before, during and after competition and practice. III.3
- C. Develop the student's knowledge of the sports terminology and provide students with a setting where they may use correct language when referring to rules, equipment, and competitions. 1.6, VII.4, VII.5
- D. Expand student's understanding of multiple aspects of the sport by giving them an opportunity to compete while applying the correct rules. III.1, VII.5
- E. Expand student's knowledge of the historical development of the sport, as well as the equipment and facilities employed in the sport. II.5, IV.5, VII.3, VII.5
- F. Enhance the student's ability to understand proper technique, apply proper technique, and effectively evaluate and correct execution errors. III.5

## **Expected Student Learning Outcomes**

NOTE: Capital letters after Expected Student Learning Outcomes reference the course goals listed above.

The student will

- 1. Perform a correct bowling stance. A, B, F,
- 2. Perform a correct bowling arm swing. A, B, D, F
- 3. Perform a bowling four-step approach. A, B, D, F
- 4. Release the bowling ball in the correct position. A, B, D,
- 5. Perform the proper hook ball or straight ball delivery. A, B, D, F
- 6. Perform a correct follow through. A, B, D, F
- 7. Demonstrate knowledge of the adjustments and strategy needed to maximize spare conversion. A, D, F
- 8. Make proper adjustment to account for lane conditions. A, D, F,
- 9. Employ spot bowling technique. A, D, F,
- 10. Demonstrate knowledge of bowling etiquette. B
- 11. Demonstrate knowledge of bowling jargon. C
- 12. Demonstrate knowledge of bowling history. E
- 13. Score a game of bowling. D
- 14. Pick out a bowling ball, which would maximize performance. A, B
- 15. Demonstrate knowledge of and employ the 3, 6, 9 method of spare conversion. A, C, F
- 16. Demonstrate knowledge of and employ spot bowling technique. A, C, F
- 17. Identify and correct error in technique. A, F

18. Demonstrate knowledge of the “pin-ball” deflection. F
19. Calculate and use handicaps in a league style tournament. D
20. Calculate bowling averages. D
21. Employ sportsmanship and teamwork during tournament play. A, B, C, D, F

**Evaluation**

**Testing Procedures- 25% of grade**

Written examination on rules, scoring, history, spare conversion and terminology 25 points

**Laboratory Expectation 0% of grade**

**Field Work: 0% of grade**

**Other Evaluation Methods: 75% of grade**

Skill Evaluation 25 points

Attendance and participation 25points

After three absences, 4 points will be subtracted from the student's attendance grade. Students with eight or more absences will not pass this course. Students who fail to participate in assigned activities will be counted as absent.

Individual Averages (and improvement) 25points

| <u>Women</u> | <u>Men</u> | <u>Points awarded</u> |
|--------------|------------|-----------------------|
| 125 - over   | 145 – over | 25 points             |
| 124- 115     | 144 - 135  | 22.5 points           |
| 100 -114     | 120 – 134  | 20 points             |
| 99 - 91      | 119 -110   | 17.5 points           |
| 80 – 90      | 100 –109   | 15 points             |
| 60 - 70      | 80 – 99    | 10 points             |
| 50 - 59      | 70 – 80    | 5 points              |
| 49 -Below    | 69 – Below | 0 points              |

**Grading Scale**

|    |                 |
|----|-----------------|
| A  | 93 -100 points  |
| B+ | 92 - 88 points  |
| B  | 87 - 83 points  |
| C+ | 82 - 78 points  |
| C  | 77 - 73 points  |
| D  | 72- 62 points   |
| F  | 61 below points |

## **Policies**

### **Attendance Policy**

Pellissippi State expects students to attend all scheduled instructional activities. As a minimum, students in all courses (excluding distance learning courses) must be present for at least 75 percent of their scheduled class and laboratory meetings in order to receive credit for the course. Individual departments/programs/disciplines, with the approval of the vice president of Academic Affairs, may have requirements that are more stringent. In very specific circumstances, an appeal of the policy may be addressed to the head of the department in which the course was taken. If further action is warranted, the appeal may be addressed to the vice president of Academic Affairs.

### **Academic Dishonesty**

Academic misconduct committed either directly or indirectly by an individual or group is subject to disciplinary action. Prohibited activities include but are not limited to the following practices:

- Cheating, including but not limited to unauthorized assistance from material, people, or devices when taking a test, quiz, or examination; writing papers or reports; solving problems; or completing academic assignments.
- Plagiarism, including but not limited to paraphrasing, summarizing, or directly quoting published or unpublished work of another person, including online or computerized services, without proper documentation of the original source.
- Purchasing or otherwise obtaining prewritten essays, research papers, or materials prepared by another person or agency that sells term papers or other academic materials to be presented as one's own work.
- Taking an exam for another student.
- Providing others with information and/or answers regarding exams, quizzes, homework or other classroom assignments unless explicitly authorized by the instructor.
- Any of the above occurring within the Web or distance learning environment.

Please see the Pellissippi State Policies and Procedures Manual, Policy 04:02:00 Academic/Classroom Conduct and Disciplinary Sanctions for the complete policy.

### **Accommodations for Disabilities**

Students that need accommodations because of a disability, have emergency medical information to share, or need special arrangements in case the building must be evacuated should inform the instructor immediately, privately after class or in her or his office. Students must present a current accommodation plan from a staff member in Disability Services (DS) in order to receive accommodations in this course. [Disability Services](#) (<http://www.pstcc.edu/sswd/>) may be contacted via [Disability Services email](#) or by visiting Alexander 130.

## **Other Policies**

### **Physical Education Activity Attendance**

Three absences will be allowed. On the fourth and subsequent absences, four points will be deducted from the final total. Students with eight or more absences will not pass the course. Students who fail to participate in assigned activities will be counted as absent.

### **Make-up**

1. After one week, students will not be allowed to make-up written examinations.
2. With documentation, students will be allowed to make-up absences. Make-up sessions should be supervised and consist of activities engaged in during the sessions that the student missed.

### **Tardiness/Lateness**

Students are expected to be on time for class. Students late for class will have points deducted from the participation total. Ten minutes late will result in an absence.

### **Dress**

Student should wear attire appropriate for scheduled activity

### **Cell Phone**

Use of cell phones (texting, talking, surfing the web, reading emails, etc.) will be limited to approved classroom activities. Usage of text messaging will only be allowed if there is an emergency on a particular day of class, and the student lets the instructor know ahead of time that he/she may be expecting a message. This will prevent students from missing material that is covered in class, and it is respectful to other students and the instructor.

### **Stepping out of the Classroom**

Students are to remain in the classroom during all classes, unless he/she needs to use the restroom. This will eliminate distractions to other classmates and allow all students to not miss any material covered in class.

### **Exercise Disclaimer**

Please consult your physician or medical professional before starting any exercise, diet, treatment, health, self-help, nutrition or any other related program.

### **Injury**

Students injured during class must inform the instructor immediately. An accident/incident report must be filed. This applies to all injuries no matter how minor.

### **Gum, Food, Drink, etc.**

In accordance with the guidelines of the Student Recreation Center, any type of chewing gum, tobacco products, food, or drinks are not allowed in Physical Education classes.

The exception would be that WATER is allowed in the weight room provided that it is in a spill-proof container